



Ainalaiyn Space

Press Release  
For immediate release

## Preconscious Landscape

3<sup>rd</sup> February – 5<sup>th</sup> March 2023  
Opening Thursday 2<sup>nd</sup> February, 5pm – 8pm  
Exposed Arts Projects, 6 Drayson Mews, London, W8 4LY

Ainalaiyn Space's group exhibition explores how contemporary art can navigate the endless potential of the preconscious mind.



Image: Detail from *Unattainable Muteness*, Sotiris Gonis, image courtesy of the artist.

Ainalaiyn Space is pleased to announce the opening of *Preconscious Landscape*, a group exhibition bringing together selected works by seventeen artists. Encompassing sculpture, drawing, painting, photography and installation, *Preconscious Landscape* responds to Sigmund Freud's topographical study of the mind and self.

In foundational texts such as *The Unconscious* (1915) and *The Ego and the Id* (1923), Sigmund Freud grappled with the complexities of the conscious, unconscious and preconscious mind. His study of these mental structures exposed a contradiction and prompted a fundamental question: how can a conscious mind comprehend its own unconsciousness? While the concepts of the conscious and unconscious have permeated into contemporary culture, the preconscious has somewhat sunk into obscurity. The 'Freudian slip' may illuminate the landscape of the unconscious, but the idea 'on the tip of one's tongue' exemplifies the preconscious. If one could inspect this quiescent space, they would find memories, ideas, anxieties and obsessions in a state of latency; not quite conscious yet not unconscious. With just a prompt, hint, or jog of the memory, dormant psychic contents could stir. Therefore, the mind is both a site of endless potential and frustrating limitation.

*Preconscious Landscape* features artworks that explore the tangibility of such intangible matter, asking how the space of the preconscious can be understood through materials and making. This exhibition dissects the very notions of self, body and mind, questioning their dialogue and examining their overlaps. Displayed in the atmospheric gallery spaces at Exposed Arts Projects, these selected artworks embody the complexity of the psyche and the liminalities of its landscape.



Ainalaiyn Space

— Notes to Editors —

*Preconscious Landscape* runs from 3<sup>rd</sup> February – 5<sup>th</sup> March 2023. The exhibition is open Tuesday – Saturday, 12pm – 7pm, and is free and open for all to visit.

The exhibition has been curated by Ainalaiyn Space founder, Indira Dyussebayeva-Ziyabek and assisted by Phoebe Bradley-White.

List of exhibited artists: **Lynne Abrahamson, Gabriele Beveridge, Matilde Cerruti Quara, Konstantinos Giotis, Sotiris Gonis, Ramona Güntert, Raksha Patel, Hamish Pearch, Anna Perach, Chantal Powell, Candida Powell-Williams, Paloma Proudfoot, Aziza Shadenova, Holly Stevenson, Maro Theodorou, Adia Wahid, Meng Zhou.**

For more information about the participating artists, please contact Indira and Phoebe at [info@ainalaiynspace.com](mailto:info@ainalaiynspace.com)

The exhibition has been generously supported by Exposed Arts Projects. We extend our thanks for their continuous support.

For general enquiries and press enquiries, please contact Indira and Phoebe at [info@ainalaiynspace.com](mailto:info@ainalaiynspace.com).

—

### **About Exposed Arts Projects**

Exposed Arts Projects is a think-and-do tank founded and run by Sasha Burkhanova-Khabadze that celebrates the power of arts-based research to produce an informed multidimensional perspective on the contemporary human condition. It is set to nurture an innovative, mindful and just society that is driven to explore the creative alternatives to the status quo.

[www.exposedartsprojects.com](http://www.exposedartsprojects.com) | [@e\\_artsprojects](https://www.instagram.com/e_artsprojects)

### **About Ainalaiyn Space**

Established in 2022 by Indira Dyussebayeva-Ziyabek, Ainalaiyn Space is a nomadic arts project that showcases contemporary art from an interdisciplinary perspective. The project is primarily based in London but works in collaboration with international sites and a global community of artists, curators and researchers. With learning, research, and experimentation at the centre of its practice, Ainalaiyn Space's exhibitions, residencies and public learning programme celebrate the intersections between art and fields such as science, psychoanalysis, performance, philosophy, anthropology and archaeology.

[www.ainalaiynspace.com](http://www.ainalaiynspace.com) | [@ainalaiynspace](https://www.instagram.com/ainalaiynspace)